



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org

7. 1.8 INSTITUTIONAL EFFORTS/INITIATIVES IN PROVIDING AN INCLUSIVE ENVIRONMENT I.E., TOLERANCE AND HARMONY TOWARDS CULTURAL, REGIONAL, LINGUISTIC, COMMUNAL SOCIOECONOMIC AND OTHER DIVERSITIES

Report of World Mental Health Day on 10th October 2023



**SANDRA SHROFF ROFEL
COLLEGE OF NURSING, VAPI
IN COLLABORATION WITH
ANANYA PSYCHOLOGICAL AND
ASSESSMENT THERAPY CENTRE, VAPI**

**ORGANIZES
WORLD MENTAL HEALTH DAY 2023**

THEME: "Mental Health is a Universal Human Right"



**DATE: 10/10/23
TIME: 10 AM-12 PM
VENUE: Multipurpose Hall, SSRCN, VAPI**

PROGRAM SCHEDULE

SR NO.	TIME	EVENTS
1	10:00 to 10:05 am	Welcome Address By Mr. Krunal Solanki & Ms. Vidhi Patel 3rd Year B.Sc. Nursing students
2	10:05 to 10:10 am	Speech on Mental Health Well being for students By Prof. Mr. Samuel Fernandis M.Sc. (N), Principal, SSRCN, Vapi
3	10:10 to 10:25 am	Theme Opening And Speech By Dr. Lavanya Patel, Consultant Psychologist & Counselor, Ananya Clinic, Vapi
4	10:25 to 10:35 am	Street Play on "Mental Health Awareness" By 2nd Year GNM students
5	10:35 to 10:40am	Stand up Comedy By 2nd Year GNM students
6	10:40 to 10:55 am	Dance Performance By 2nd Year GNM students
7	10:55 to 11:40 am	Mind Diversion Activity for students By team of Ananya Psychological & Assessment Centre
8	11:40 to 11:50 am	Prize Distribution
9	11:50 to 11:55 am	Vote of Thanks By Ms. Srushti Chaudhari, Tutor, SSRCN, Vapi
10	11:55 to 12:00 pm	National Anthem



Principal
Sandra Shroff College of Nursing



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Name of Activity organized: World Mental Health Day

Title of Activity: World Mental Health Day – Gender-Sensitive Mental Well-being

Date of the activity organized: 10th October 2023

Venue: Sandra Shroff College of Nursing, Vapi

Name of the sponsored organization: Sandra Shroff College of Nursing, Vapi

Objective of Activity: To promote mental health awareness, reduce stigma, and encourage respect, equality, and emotional well-being among all genders.

Outcome of Activity: Enhanced gender-sensitive mental health awareness and inclusiveness.

Activity Report

Sandra Shroff Rofel College of Nursing, Vapi, celebrated World Mental Health Day 2023 on 10th and 11th October in collaboration with Ananya Psychological and Assessment Therapy Centre, Vapi. The programme was organized with the objective of creating awareness that mental health is a universal human right and to promote mental well-being among students and the community. The event began with expert talks highlighting the importance of mental health, stress management, and maintaining emotional balance in academic and personal life. Resource persons explained coping strategies, the role of positive hormones, and simple practices such as exercise, meditation, and self-care to improve mental well-being. Students actively participated in various creative and interactive activities including street plays, poster competitions, stand-up comedy, dance performances, and mind diversion activities, which effectively conveyed mental health messages and helped reduce stigma. Around 80 students from B.Sc. Nursing and GNM programs participated enthusiastically.

On the second day, awareness activities were conducted in the community to extend the message beyond the institution. The programme concluded with prize and certificate distribution, vote of thanks, and the national anthem, reinforcing the importance of mental health awareness, inclusiveness, and emotional well-being among students and society.



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Report of Christmas Celebration on 26th December 2023

Title of Activity: Christmas Celebration

Date: 26/12/2023

Venue: Haria L.G. Rotary Hospital, Vapi

Name of the Organization: Student Nurses Association (SNA), Sandra Shroff College of Nursing, Vapi

Participants: First Year B.Sc. Nursing Students, Faculty Members, Hospital Staff and Patients

Objective of Activity:

To promote human values, compassion, social responsibility, and emotional well-being among patients, healthcare staff, and students.

Outcome of Activity:

The activity promoted empathy, social commitment, and emotional support for patients while encouraging students to practice humanitarian and ethical values.

ACTIVITY REPORT

The Student Nurses Association (SNA) of Sandra Shroff College of Nursing, Vapi, celebrated Christmas to commemorate the birth of Jesus Christ and to spread joy and kindness. The college campus was decorated with a Christmas tree and festive decorations. Christmas programme was conducted on 26/12/2023 from 3:00 pm to 5:00 pm at Haria L.G. Rotary Hospital by First Year B.Sc. Nursing students. The programme commenced with cake cutting in the Paediatric Ward by staff nurses, Senior Sister Mrs. Ratnama, and the RMO in the presence of faculty members and patients.

Students distributed flowers and sweets to staff nurses, doctors, and patients across various wards. Santa Claus distributed gifts to patients, creating a joyful atmosphere. Chocolates were also distributed to economically challenged individuals.



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Christmas Day Celebration at Hari L.G. Rotary Hospital Vapi.



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Report of Freshers Party celebration on 1st January 2024

Title of Activity: Fresher's Party 2024 – Neo Fiesta

Date: 05/01/2024

Venue: Multipurpose Hall, Sandra Shroff ROFEL College of Nursing, Vapi

Participants: 1st Year GNM, 1st Semester B.Sc. Nursing Students, Faculty and Senior Students

Objective of Activity:

To welcome new students, reduce anxiety, promote bonding, and encourage confidence and teamwork.

Outcome of Activity:

The activity strengthened student bonding, improved confidence, encouraged teamwork, and promoted a positive and supportive learning environment.

ACTIVITY REPORT

Sandra Shroff ROFEL College of Nursing, Vapi organized Fresher's Party 2024 with the theme "Neo Fiesta" to welcome newly admitted 1st Year GNM and 1st Semester B.Sc. Nursing students. The programme began at 11:00 AM with lamp lighting by the principal and faculty members followed by floral welcome of Principal Prof. Mr. Samuel Fernandes and Academic Coordinator Mrs. J.M. Silja.

The principal addressed the students and motivated them for their academic and professional journey. The event included welcome dance, ramp walk, and cultural performances by senior students. Freshers introduced themselves and showcased their talents, helping them overcome stage fear and build confidence. A musical skit highlighted the importance of healthy relationships, caring, and sharing.

Senior students presented gifts and flowers to welcome the freshers. Titles of Mr. and Ms. Fresher were awarded to deserving students. The programme concluded with a vote of thanks, National Anthem, and refreshments for all participants. The event ended at 3:30 PM.



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Freshers and Farewell Party organized at SSCN, Vapi



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Report of International Childhood Cancer Day celebration on 1^{5th} February 2024



SANDRA SHROFF COLLEGE OF NURSING, VAPI
DEPARTMENT OF CHILD HEALTH NURSING
ORGANIZES
INTERNATIONAL CHILDHOOD CANCER DAY
DATE:15TH FEBRUARY,2024

TIME	EVENT
10:00 am to 11:00 am	THEME OPENING AT ANGANWADI CENTRE , DUNGRA BY 2ND YEAR GNM STUDENTS
11:00am to 11:30pm	AWARENESS CAMPAIGN ABOUT WARNING SIGNS OF CHILDHOOD CANCER BY 2ND YEAR GNM STUDENTS
11:30AM to 12:00pm	STREET PLAY ON CHILDHOOD CANCER AWARENESS



**CHILDREN SHOULD BE ON PLAY-
GROUNDS, NOT IN HOSPITALS.
TAKE CHILDHOOD BACK FROM CANCER**

**VENUE: ANGA WADI
CENTRE, DUNGRA ,
VAPI**

ORGANIZING COMMITTEE

1. PROF MRS. J.M. SILJA HOD
2. MRS. POONAM PATEL, NURSING TUTOR
3. MRS. DAULAT KUWAR NURSING TUTOR
4. MS. SIMRAN SHAIKH NURSING TUTOR
5. MS. SHEETAL M.K. NURSING TUTOR



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Title of Activity: International Childhood Cancer Day Awareness Programme

Theme: Unveiling Challenges

Date: 15/02/2024

Venue: Anganwadi Centre, Dunga, Vapi

Organized by: Department of Child Health Nursing, Sandra Shroff College of Nursing, Vapi

Participants: GNM 2nd Year Students, Faculty Members, Anganwadi Children and Parents

Objective of Activity:

To create awareness regarding childhood cancer, its early identification, prevention, and importance of nutrition for child growth and development.

Outcome of Activity:

The programme enhanced community awareness regarding childhood cancer, promoted nutritional practices, and encouraged early detection and preventive health measures.

ACTIVITY REPORT

The Department of Child Health Nursing, Sandra Shroff College of Nursing, Vapi organized a community awareness programme on the occasion of International Childhood Cancer Day at Anganwadi Centre, Dunga on 15th February 2024. The programme was conducted by GNM 2nd year students under the guidance of faculty members.

Students performed a street play and conducted a poster exhibition to spread awareness about childhood cancer. The activity focused on educating parents and the community regarding early signs, types of childhood cancer, and preventive measures. Nutritious food items including bananas and rajgira laddus were distributed to children and parents to promote healthy growth and development.

Parents actively participated and clarified their doubts through interaction with students and faculty members.



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**International Childhood Cancer Day Awareness Programme Celebrated at Aanganwadi
Dungra, Vapi**



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Report of International Women's Day celebration on 9th March 2024



SANDRA SHROFF COLLEGE OF NURSING, VAPI

STUDENT NURSES ASSOCIATION ORGANIZED "INTERNATIONAL WOMEN'S DAY CELEBRATION" THEME: "ACCELERATE ACTION"

TIME	EVENT
SESSION -I	
11: 00 to 11:10 AM	FLORAL WELCOME TO ALL WOMEN
11: 10 to 11:20 AM	UNFOLDING THE THEME
11: 20 to 11:25AM	SPEECH: "ACCELERATE ACTION" <i>Prof. Mrs J M Silja HOD of Child Health Nursing SSCN, Vapi</i>
11: 25 to 11:30AM	ROLE PLAY: "HISTORICAL WOMEN IN MEDICINE" 4TH YEAR BSC (N) STUDENTS
11: 30 to 11:35AM	DANCE: "WOMEN 'S EMPOWERMENT" 4TH YEAR BSC (N) STUDENTS
SESSION -II	
02: 00 to 2::45PM	"WOMEN 'S EMPOWERMENT & MENTAL FITNESS" <i>Mrs Chaitali Dipesh Mistry</i>
02: 45 to 2::50PM	National Anthem and Vote of Thanks



**VENUE: MULTIPURPOSE
HALL &
SRH HOSPITAL DHARAMPUR**



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Title of Activity: International Women's Day

Theme: Invest in Women: Accelerate Progress

Venue: Multipurpose Hall, Sandra Shroff College of Nursing, Vapi

Organized by: Sandra Shroff College of Nursing, Vapi

Objective of Activity: To promote gender equality and women empowerment by creating awareness about women's achievements and rights.

Outcome of Activity: The activity enhanced awareness, encouraged respect for women, and promoted gender sensitization among students.

ACTIVITY REPORT

Sandra Shroff College of Nursing, Vapi celebrated **International Women's Day** on 9th March 2024 in the Multipurpose Hall with the theme "*Invest in Women: Accelerate Progress.*" The programme aimed to promote gender equality, women empowerment, and awareness about women's contributions in society. The event began with a welcome address by the principal and faculty members, emphasizing gender sensitization and empowerment. The principal delivered an inspiring speech highlighting the achievements and resilience of women in various fields. Poster and slogan competitions were organized to encourage student creativity and participation, and winners were felicitated.

The programme enhanced awareness regarding gender equality, encouraged respect for women's rights, and strengthened the institution's commitment towards inclusiveness, empowerment, and social responsibility.



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Poster competition on International Women's Day at Sandra Shroff College of Nursing, Vapi



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Report of Holi celebration on 9th March 2024

Title of Activity: Holi Celebration

Activity Organized by: Sandra Shroff College of Nursing, Vapi

Date: 23rd March 2024

Venue: SSCN College Campus

Objective of Activity:

To promote cultural values, unity, harmony, and strengthen bonding among students and faculty.

Outcome of Activity:

The celebration enhanced cultural awareness, encouraged unity and togetherness, and strengthened interpersonal relationships among students and staff.

Activity Report

Sandra Shroff College of Nursing, Vapi celebrated the festival of Holi with great enthusiasm and joy on the college campus. The celebration was conducted in the presence of the Vice Principal, faculty members, and students. The event promoted cultural traditions, unity, and harmony among participants. Students and teachers actively participated in the celebration, spreading the message of togetherness and mutual respect. The activity helped in creating a joyful environment, strengthened social bonding, and promoted cultural and institutional values.



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Holi Celebration at SSCN, Vapi



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Report of World Tuberculosis Day on 24th March 2024

 **SANDRA SHROFF COLLEGE OF NURSING, VAPI**

MEDICAL SURGICAL NURSING DEPARTMENT ORGANIZES
HEALTH AWARENESS PROGRAMME
ON
WORLD TUBERCULOSIS DAY, 2024
THEME: "YES! WE CAN END TB"

THEME OPENING	MRS. SHEBA JOVERSE ASSOCIATE PROFESSOR, MSN DEPARTMENT SSCN, VAPI
HEALTH AWARENESS PROGRAMME ON TUBERCULOSIS	THIRD SEMESTER 2ND YEAR B-SC NURSING STUDENTS
ROLE PLAY ON TUBERCULOSIS	THIRD SEMESTER 2ND YEAR B-SC NURSING STUDENTS
PAMPHLET DISTRIBUTION	2ND YEAR MSc NURSING STUDENT

Date: 23rd March, 2024
Time: 10 am onwards
Venue: Haria L.G. Rotary Hospital, Vapi

**24 MARCH
WORLD TUBERCULOSIS DAY**

**M. Sc. NURSING STUDENTS
3RD SEMESTER STUDENTS
2ND YEAR GNM STUDENTS
SSCN, VAPI**



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Title of Activity: World Tuberculosis Awareness Programme

Activity Organized by: Sandra Shroff College of Nursing, Vapi

Date: 24th March 2024

Venue: Haria L.G. Rotary Hospital, Vapi

Objective of Activity:

To create awareness about tuberculosis, its prevention, early diagnosis, treatment, and control measures among the public.

Outcome of Activity:

The programme enhanced public awareness about tuberculosis, promoted preventive health practices, and encouraged community participation in TB control and management.

Activity Report

Sandra Shroff College of Nursing, Vapi observed World Tuberculosis Day with the theme “*Yes We Can End TB.*” Faculty members and students conducted an awareness programme for the public, highlighting the causes, symptoms, spread, diagnosis, and prevention of tuberculosis. Students performed a role play and distributed informative pamphlets to enhance public understanding. An interactive session was conducted to clarify doubts and encourage community involvement in TB prevention. The activity promoted health awareness and strengthened the institution’s commitment towards community health and social responsibility.



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World Tuberculosis Day celebrated at Haria L.G. Rotary Hospital, Vapi



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Report of World Health Day on 8th April 2024

Title of Activity: World Health Day Celebration

Activity Organized By: Sandra Shroff College of Nursing, Vapi

Date: 8th April 2024

Venue: Multipurpose Hall SSCN, SRH Dharampur & Community Area

Objective of Activity:

To promote awareness about health rights, importance of maintaining good health, and preventive healthcare practices.

Outcome of Activity:

The programme enhanced awareness regarding health rights, encouraged preventive health practices, and promoted community health and well-being.

Activity Report:

Sandra Shroff College of Nursing, Vapi celebrated World Health Day with the theme “*My Health and My Right.*” The programme included seminars conducted for B.Sc. Nursing students highlighting the importance of health and health rights. A community health camp was organized where students conducted blood pressure, blood sugar, and anthropometric assessments for local residents. Health education was also provided to OPD and IPD patients at SRH Dharampur. The activity promoted health awareness, preventive healthcare practices, and strengthened students’ involvement in Community health services.



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World Health Day Celebrated at Community Dungra, Vapi



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Report of International Midwifery Day on 5th May 2024

Title of Activity: International Day of Midwifery Celebration

Activity Organized By: Sandra Shroff College of Nursing, Vapi

Date: 5th May 2024

Venue: Shrimad Ramchandra Hospital, Dharampur & Dungra PHC Community Area

Objective of Activity:

To create awareness regarding maternal and child health, antenatal and postnatal care, breastfeeding, immunization, and reproductive health.

Outcome of Activity:

The programme enhanced awareness among mothers regarding maternal and newborn care, promoted safe motherhood practices, and encouraged healthy lifestyle and reproductive health

Activity Report:

Sandra Shroff College of Nursing, Vapi celebrated International Day of Midwifery with the theme “*Midwives: A Vital Climate Solution.*” Nursing students conducted health education sessions for antenatal and postnatal mothers covering antenatal care, breastfeeding, immunization, family planning, infertility, and reproductive health. Students also promoted maternal nutrition by distributing fruits to mothers. The activity enhanced awareness regarding safe motherhood and newborn care and strengthened students’ involvement in community maternal health services, reflecting the institution’s commitment towards community health and social responsibility.



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International Midwifery Day Celebrated at PHC Dunga, Vapi



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Report of International Nurses Day on 11th May 2024

Title of Activity: International Nurses Day Celebration

Activity Organized By: Sandra Shroff College of Nursing, Vapi

Date: 11th May 2024

Venue: Multipurpose Hall, SSCN College

Objective of Activity:

To recognize and appreciate the contributions of nurses and promote professional values, dedication, and compassion in nursing practice.

Outcome of Activity:

The programme enhanced awareness regarding the vital role of nurses, motivated students to uphold professional ethics, and strengthened respect towards the nursing profession.

Activity Report:

Sandra Shroff College of Nursing, Vapi celebrated International Nurses Day with the theme “*Our Nurses, Our Future: The Economic Power of Care.*” The programme included cultural performances, speeches, and a skit highlighting the dedication and responsibilities of nurses. Nurses were honored for their valuable contribution to healthcare services. The activity promoted professional pride, encouraged compassion and ethical nursing practices, and strengthened institutional commitment towards healthcare service and professional development.



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Nurses Day celebrated at Sandra Shroff college of Nursing, Vapi



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Report of world Schizophrenia Day

Title of Activity: World Schizophrenia Day Awareness Programme

Activity Organized by: Department of Mental Health Nursing, Sandra Shroff ROFEL College of Nursing, Vapi

Date: 24th May 2023

Venue: PHC Chhiri, Vapi

Objective:

To create awareness regarding schizophrenia, reduce stigma, and educate the community about myths, facts, and management of mental illness.

Outcome:

The programme enhanced community awareness about schizophrenia, promoted acceptance of mental health issues, and encouraged early identification and treatment.

Activity Report

Sandra Shroff ROFEL College of Nursing, Vapi observed World Schizophrenia Day with the theme "*Celebrating the Power of Community Kindness.*" Nursing students conducted a community awareness programme through Nukkad Natak and poster exhibition highlighting myths, facts, symptoms, and management of schizophrenia. The activity aimed to reduce stigma and improve understanding of mental health disorders. The programme promoted mental health awareness, encouraged community acceptance, and strengthened students' involvement in community mental



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World Schizophrenia Day Celebration at Chhiri, Vapi



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Report of World Environment Day celebration



SANDRA SHROFF COLLEGE OF NURSING VAPI

National Service Scheme & Student Nurses Association



ORGANIZES

WORLD ENVIRONMENTAL DAY CELEBRATION ON 5th JUNE 2024

THEME:

“LAND RESTORATION, DESERTIFICATION, AND DROUGHT RESILIENCE”

PROGRAM SCHEDULE

- ⇒ Theme opening and Pledge at assembly
- ⇒ Motivation speech by Prof. Mr. Samuel Fernandis, Principle of S.S.C.N Vapi
- ⇒ Speech delivery by Ms. Shilpi, Students of S.S.C.N Vapi
- ⇒ Tree plantations at college campus
- ⇒ Environmental Cleaning around College and hostel campus





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Report of World Environment Day Celebration on 5th June 2024

Title of Activity: World Environment Day Celebration

Date: 5th June 2024

Venue: Assembly Area and College Hostel Campus, Sandra Shroff College of Nursing, Vapi

Objective: To promote environmental awareness and sustainable practices.

Outcome: Participants developed environmental responsibility and planted 15–20 trees on campus.

Report on world environmental day.

Activity Report

Sandra Shroff College of Nursing, Vapi organized World Environment Day on 5th June 2024 at the Assembly Area and College Hostel Campus. The program aimed to promote environmental awareness and sustainable practices among students and staff. The event began with prayer and introduction of the theme “Land Restoration, Desertification, and Drought Resilience.” The principal delivered a motivational speech on reducing plastic usage, and students presented an awareness talk on environmental protection. A tree plantation drive was conducted with active participation from faculty, NSS volunteers, and students. The program successfully encouraged environmental responsibility and resulted in plantation of 15–20 plants within the campus.



SANDRA SHROFF COLLEGE OF NURSING

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Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org



Tree plantation on the day of World Environment Day at Sandra Shroff college of Nursing, Vapi



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Report of International Yoga Day on 21st June 2023

Title of Activity: International Yoga Day Celebration

Date: 21st June 2023

Venue: Multipurpose Hall, SSRCN, Vapi

Objective of Activity: To promote physical fitness, mental well-being, and awareness about the importance of yoga and meditation.

Outcome of Activity: The activity improved students' awareness of healthy lifestyle practices and encouraged regular yoga and meditation for stress management.

Activity Report

Sandra Shroff College of Nursing, Vapi celebrated International Yoga Day on 21st June 2023 in the Multipurpose Hall with participation of 50 students and 5 teachers. The session was conducted by a certified yoga coach who explained the importance of yoga, meditation, and pranayama for maintaining physical and mental health. The program included yoga practice, meditation, and an awareness seminar on the power of the subconscious mind. The activity was successfully conducted and encouraged students to adopt a healthy lifestyle and stress management practices through regular yoga.



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Report of Independence Day celebration on 15th August 2024



SANDRA SHROFF COLLEGE OF NURSING, VAPI
CORDINALLY INVITES YOU ALL FOR
78 TH INDEPENDENCE DAY CELEBRATION

DATE: 14/08/2024
TIME; 03PM TO 05PM

PATRIOTIC EVENTS

COMPETITION
SPEECH ON INDEPENDENCE DAY
FANCY DRESS COMPETITION
DANCE ON PATRIOTIC SONGS
SKIT ON SOCIAL AWARENESS

VENUE: SSCN HALL 3RD FLOOR
15TH AUGUST
TIME: 7.30AM
FLAG HOSTING
AT
HARIA L.G ROTARY HOSPITAL
CAMPUS

HAPPY INDEPENDENCE DAY
15TH AUGUST



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Title of Activity: Independence Day Celebration

Date: 14th August 2024

Venue: 3rd Floor Hall, Sandra Shroff College of Nursing, Vapi

Objective of Activity: To create awareness about the importance of Independence Day and promote patriotism and national values among students.

Outcome of Activity: The program enhanced patriotic feelings, encouraged student participation in cultural activities, and developed a sense of responsibility towards the nation.

Activity Report

Sandra Shroff College of Nursing, Vapi celebrated Independence Day on 14th August 2024 in the 3rd Floor Hall with great enthusiasm and patriotic spirit. The program aimed to honor the sacrifices of freedom fighters and promote national values among students. The celebration included felicitation of ex-army officers, patriotic dance and song performances, fancy dress competition representing freedom fighters, and a skit highlighting women empowerment. Students actively participated in all activities and expressed gratitude towards national heroes and soldiers. The event successfully promoted unity, patriotism, cultural awareness, and social responsibility among students and faculty.



Independence Day Celebrated at Sandra Shroff College of Nursing, Vapi



[Signature]

Principal
Sandra Shroff College of Nursing